

ANNUAL REPORT

CII-Yi
2023-24



GURUKUL MARG, SFS, MANSAROVAR, JAIPUR-302020

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ABOUT CII Yi YUVA CLUB

Young Indians involves students from schools and colleges around the country to indulge them in leadership, personal development and nation building activities. Yi Students Net envisions connecting students to the community, the country at large and working towards a movement for “Nation Building”.

Young Indians (Yi) is an integral part of the Confederation of Indian Industry (CII), a non-government, not-for-profit, industry. Yi has around 1500 direct members in 32 chapters and engages around 8300 students through student nets. Yi membership includes young progressive Indians between the age of 25 & 40 and comprises entrepreneurs, professionals, and achievers from different walks of life. “To become the voice of Young Indians Globally” being the vision of Yi, it provides a platform for young Indians to participate and contribute. Yi’s work can be divided primarily into three groups: “Young Leadership” “Young Social Entrepreneurship” and “International Engagements”.

“Yi YUVA” is the name for the Yi Youth Affairs vertical. Young Indians involve students from schools and colleges by forming “Chaupals” across various institutes around the country. Yi Yuva IIS Chaupal aims to synergize students and their energy for positive action. It provides an opportunity to start thinking and work for India. As a part of this net, Students work in cross functional teams with a broad objective of enhancing their leadership skills and giving back to the nation. In the process, they get opportunities for self-development, skill building, community service and nation building.

The Yi Chapter launched its first Yi Student NET with the IIS University in 19th September 2013. Mr. Rohit Verma, chair, Yi Jaipur Chapter and Dr. Ashok Gupta, Vice Chancellor, The IIS University, signed MOU for the same.

CII-Yi YUVA CLUB
STUDENT's EXECUTIVE COMMITTEE
2023-24

S. No.	Name of the student	Designation	Class and Year
1	Archika Khunteta	EC Chair	MBA II
2	Prachi Jain	EC Co-Chair	MBA II
3	Isha Choudhary	Entrepreneurship Chair	MBA I
4	Vandana Motwani	Entrepreneurship Co-Chair	BBA II
5	Samriddhi Pandey	Innovation Chair	MBA I
6	Ishita Jain	Innovation Co-Chair	BBA I
7	Suhani Gupta	Climate Change Chair	B. Com (H) AAF II
8	Shubhi Jain	Climate Change Co-Chair	BBA II
9	Chelsi Sanecha	Rural initiative Chair	M.Sc I
10	Kavyaa Taneja	Rural initiative Co-Chair	BA (H) PSY I
11	Purva Bagree	Health Chair	MBA I
12	Ansuya Bansal	Health Co-Chair	B.Sc Home Science II
13	Lakshita Nahata	Accessibility Chair	BBA II
14	Eevee Gautam	Accessibility Co-Chair	BBA I

CII -Yi YUVA CLUB
COMMITTEE - FACULTY MEMBERS 2023 - 24

S. No.	Name	Designation
1.	Prof. Deepika Singh	Coordinator
2.	Dr. Mahima Rai	Coordinator
3.	Dr. Anju Singh	Member
4.	Dr. Akanksha Kumari	Member
5.	Ms. Dimple Dalal	Member
6.	Dr. Megha Arya	Member
7.	Dr. Mitali Gupta	Member
8.	Dr. Neha Batra	Member

YUVA CLUB
LIST OF ACTIVITIES 2023-24

S No.	Date	Event	No. of participants	Venue
1.	2 August 2023	CII-yi Yuva Club Orientation Programme	161	IISU Campus
2.	9th August 2023	Yi The Future 3.0 Youth Conclave	144 students from 5 different Institutions	IISU Campus
3.	24th Feb, 2024	Induction of Executive Committee of the Yuva club	12 Yuva EC members	Online
4.	8th March 2024	Interactive Session on International Women's Day	23 Yuva Members from IISU and 18+ Yi Members	The Fern, an Ecotel Hotel, Tonk Road, Jaipur
5.	29th March 24.	Interactive Session on Nurturing mental wellness with journaling and self-reflection	32 Yuva and Non-Yuva members	IISU Campus

Title of the Event:	CII-Yi Yuva Club Orientation Programme
Type of the Event:	Orientation Programme
Date:	2 August 2023
Venue:	AV Hall
No. of Participants/Beneficiaries:	161
Name of the activity Coordinator:	Dr. Deepika Singh, Dr. Mahima Rai & Dr. Anju Singh
Name of the collaborating Agency:	Nil
Objective of the workshop/seminar/activity:	To acquaint students with the structure and functioning of the CII-yi Yuva Club of the University.
Summary/Description:	<p>IS (Deemed to be University) organized an orientation session for the CII Yi Yuva Club of the University, aimed at acquainting new students with the Club's objectives and the diverse array of activities it offers. Mr. Rahul Kalani, Yuva Chair, Yi Jaipur, initiated the session by introducing himself and delivering an insightful overview of the yi Club's undertakings. He underscored the club's commitment to national development, providing comprehensive insights into subjects like road safety, accessibility, climate change, entrepreneurship, and innovation.</p> <p>Subsequently, Ms. Aastha Tatia, a distinguished Author and Happiness Coach, commenced her session by introducing herself and engaging in an interactive exchange with her fellow students. Her central theme revolved around embracing personal growth and nurturing individual voices. Through thought-provoking anecdotes, she illuminated her personal journey towards fortifying self-assurance. The students were excited and joined the conversation enthusiastically. Ms. Tatia also dispensed invaluable advice, encouraging students to venture beyond their comfort zones and embrace novel experiences. As her presentation reached its zenith, she accentuated the importance of self-discovery and conquering inner apprehensions.</p>







List of Participants		
S. No	Name Of The Student	Class
1	Aastha Saxena	BBA
2	Avanti Swami	BBA
3	Bhaviya Tulsi	BBA
4	Chetna Choudhary	BBA
5	Falguni Parmar	BBA
6	Khushi Sharma	BBA
7	Manisha	BBA
8	Manisha	BBA
9	Mitali Soni	BBA
10	Nandani Kumari Daruka	BBA
11	Nandani Sharma	BBA
12	Nandini Agarwal	BBA
13	Navya Chhallani	BBA
14	Neha Chopra	BBA
15	Nishi Harpalani	BBA
16	Nishtha Fatnani	BBA
17	Niyati Gupta	BBA
18	Palak Agarwal	BBA
19	Palak Pareek	BBA
20	Paridhi Jain	BBA
21	Payal Toshniwal	BBA
22	Poorvi Sharma	BBA
23	Pranshi Agarwal	BBA
24	Prarthna Shukla	BBA
25	Priya Maheshwari	BBA
26	Purva Bagree	BBA
27	Raghavi Sharma	BBA
28	Rashi Gaur	BBA
29	Rashi Vinayak	BBA
30	Rishika Sharma	BBA
31	Rishika Sidh	BBA
32	Riya Nijawan	BBA
33	Saanvi Goel	BBA

34	Samridhi Trivedi	BBA
35	Sanjana Singh Dangoriya	BBA
36	Shriya Agarwal	BBA
37	Shruti Sharma	BBA
38	Siddhi Jain	BBA
39	Siddhi Sethi	BBA
40	Simran Jain	BBA
41	Sneha Bhatler	BBA
42	Srishty Sharma	BBA
43	Swati Goyal	BBA
44	Tanisha Goyal	BBA
45	Tanisha Parmar	BBA
46	Tanisha Sharma	BBA
47	Tasu Sharma	BBA
48	Tejasvini Rathore	BBA
49	Urvi Baldua	BBA
50	Vaibhavi Mahuvagara	BBA
51	Vibhuti Sogani	BBA
52	Vidhi Khandelwal	BBA
53	Yamini Jain	BBA
54	Anisha Chodhary	BBA
55	Kavya Gupta	BBA
56	Lavisha Bajaj	BBA
57	Sanjana Singh	BBA
58	Anisha Chodhary	BBA
59	Payal Toshniwal	MBA ABM
60	Yamini Jain	MBA ABM
61	Purva Bagree	MBA HR
62	Vaibhavi Mahuvagara	MBA ABM
63	Nidhi Tomar	BSC
64	Kriti Jain	BA (H) PSY
65	Kanchan Thalor	BA (H) PSY
66	Shweta Sharma	BSC BED
67	Itika Agarwal	BSC
68	Sheetal Soni	BFA
69	Swasti Bhatia	BCA
70	Tanishka Sharma	BCA

71	Himanshi Nathani	BCA
72	Kratika Vijay	BBA
73	Anchal	BBA
74	Sneha Jhamb	BCOM (H)
75	Rameesha Saxena	BCOM (H)
76	Aayushi Singhal	BFA
77	Vanessa Bachani	BCA
78	Yashasvi	BSC
79	Eevee Gautam	BBA
80	Ishita Jain	BBA
81	Khushi Sharma	BCOM (H)
82	Himanshi Sharma	BBA
83	Sameera Khan	BSC
84	Shubhangi Soni	BSC
85	Mitika Sethi	MBA FINANCE
86	Anushka Shekhawat	BSC
87	Krishna Soni	BBA
88	Priyamvada Yadav	BCOM (H)
89	Anushka Sharma	BCOM (H)
90	Priyanka Soni	BCA
91	Neha Rathore	BCA
92	Sanjana Sankhla	BSC
93	Samriddhi Pandey	MBA IB
94	Neha	BA BED
95	Kashvi Modi	BBA
96	Jiya Baveja	BA (H) PSY
97	Khushi Sharma	MBA FINANCE
98	Vidhi Khandelwal	MBA FINANCE
99	Akansha Saini	BBA
100	Isha Choudhary	MBA ABM
101	Diksha Soni	BBA
102	Aastha Bhardwaj	BBA
103	Naina Jain	BBA
104	Tanya Chandani	BBA
105	Gunjan Malav	BBA
106	Nehal Jain	BFA
107	Kashish Lakhwani	BBA

108	Avdhi Khandelwal	BBA
109	Dia Johari	BBA
110	Arushi Jain	BSC
111	Meenu Choudhary	BBA
112	Khushi Jain	BBA
113	Satakshi Kar	MBA HR
114	Gunjan Pathak	BCOM (H)
115	Durgesh Rathore	BCOM
116	Khushi Khan	BCOM (H) BSG
117	Laveena Aswani	BCOM (H) HRM
118	Sharu Rathore	MBA HR
119	Manisha Kumawat	MBA HR
120	Tasu Sharma	MBA
121	Aastha Saxena	MBA HR
122	Chetna Choudhary	MBA HR
123	Nishi Harpalani	MBA FINANCE
124	Jyoti Shekhawat	MBA IB
125	Neha Chopra	MBA TOURISM
126	Samridhi Trivedi	MBA TOURISM
127	Anshika Bassi	BBA
128	Meena Kumari Meena	BBA
129	Palak Agrawal	BBA
130	Reni Rathore	BBA
131	Aastha Sisodia	BBA
105	Lavina Jain	BBA
106	Rincy Mol Ak	BBA
107	Sushmeeta Singh	MBA ABM
108	Manvi	MBA BUSINESS ANALYTICS
109	Avanti Swami	MBA HR
110	Vibhuti Sogani	MBA HR
111	Nandini Agarwal	MBA HR
112	Rashi Gaur	MBA FINANCE
113	Teena Tehilaramani	BBA
114	Anvi Trivedi	B.COM. AAF
115	Shruti Agarwal	B.COM. (H) ATG
116	Prathana Khandelwal	B.COM. AAF
117	Sanskriti Jain	B.COM. AAF

118	Eha Jangid	B.COM. AAF
119	Shreyanshi Nama	B.COM. AAF
119	Lallita Kumawat	B.COM. AAF
120	Naina Jain	BBA
121	Navya Sankhla	BBA
122	Jasmine Keswani	BBA
123	Shubhika Agarwal	BBA
124	Raksha Jain	MBA HR
125	Shreya Bang	MBA HR
126	Shruti Vasudev	MBA HR
127	Kritika Maheshwari	MBA ABM
128	Aastha Miglani	MBA FINANCE
129	Aastha Gupta	MBA
130	Vandana Yadav	MBA
131	Prachi Jain	MBA
119	Kashish Sharma	B.COM. (H)
120	Archika Khunteta	MBA HR
121	Diksha Sharma	MBA HR
122	Kavyaa Taneja	BA (H) PSY
123	Hiranya Tulsyan	BA (H) PSY
124	Kamakshi Rathore	BA (H) PSY
125	Ansuya Bansal	BSC (H) H.SC.
126	Muskaan Laddha	MBA
127	Ahana Pareek	MBA
128	Siddhi Agarwal	B.COM.
129	Kaustubhi Sharma	BBA
130	Samdarshi Jain	BBA
131	Vidushi Gautam	BA (H)
132	Dhruvisha Patel	BA (H)
133	Aditi Bansal	BA (H)
134	Rakshita Arora	BBA
135	Shubhika Jain	BBA
136	Navya Chhallani	BBA
137	Diya Rai	BBA
138	Mishika	BBA
139	Garima Toshniwal	BBA
140	Tanvi Agarwal	BBA

141	Chanchal Krishna	MA SOCIOLOGY
142	Chahat Khandelwal	MA SOCIOLOGY
143	Glory Sharma	BBA
144	Anshu Mittal	BBA
145	Harshita Jain	BBA
146	Lakshita Nahata	BBA
147	Aashvi Garg	BBA
148	Shruti Rathi	BSC
149	Khushi Shukla	MBA FINANCE
150	Preeti Raj	MBA HR
151	Mahima Jain	MBA FINANCE
152	Kripa Baheti	BSC (H) H.SC.
153	Bhumi Mundra	B.COM. (H) FSG
138	Palak Jain	BBA
139	Chelsi Sanecha	M.SC. CHY
140	Prakarti Jain	M.SC. CHY
141	Parika Godara	B.COM. (H)
142	Riyanshi Chhabra	MA PSYCHOLOGY
143	Riya Sharma	M.SC. PSYCHOLOGY
144	Priscilla Jiju	M.SC. CHY
145	Devanshi Maharwal	B.COM. (H) FSG
146	Bhavya Shekhawat	MBA
147	Kirti Sharma	MBA
148	Bhawana Mahawar	MBA
149	Khushi Kaushik	MBA HR
150	Meenal Gupta	MBA FINANCE
151	AaroHi Jangid	MBA IB
152	Yashika Bajaj	B.COM. (H)
153	Anushka Bhatnagar	BA (H) ENG
154	Digniti Rathore	BA (H) ENG
155	Khushi Garg	BA (H) PSY
156	Rajshree Daftari	BA (H) ENG
157	Yashansi Nagar	BA (H) ENG
158	Vandana Motwani	BBA
159	Sony Chauhan	M.COM.
160	Bhaviya Tulsi	MBA FINANCE
161	Supriya Jain	MBA FINANCE

Title of the Event:	Yi The Future 3.0 Youth Conclave
Type of Event:	Design Thinking Workshop
Date:	9th August 2023
Venue:	IISU Campus <ul style="list-style-type: none"> • Mr. Vivek Lodha, director of JVS foods pvt. ltd. • Mr Namit Agarwal, Managing Director of Agrasen Engineering Industries Pvt Limited • CA. Naman Shrimal, Partner – Cross Border Transactions, Jain Shrimal & Co, Jaipur
Resource Persons:	<ul style="list-style-type: none"> • Mr. Dipen Singh, Motivational Speaker, Trainer, Life Coach • Mr. Kushagra Juneja, Mentor, Future of Sustainable Living, Managing Partner of Design2Occupancy Services LLP • Mr. Abhinandan Sethi, Director of Sethi Group, Kota
Activity Co-Ordinator:	Dr. Deepika Singh & Dr. Mahima Rai
Name of Collaborating Agency:	Yi Jaipur Chapter, Civil Lines, Jaipur
No. of Participants:	144 students from 5 different Institutions
Objective of the workshop:	<p>The objective of this event was to bring young minds together and provide a platform to discuss and address key issues related to future of various sectors in India.</p> <p>The inaugural session commenced with the lighting of the lamp by all the dignitaries, followed by the welcoming of all the guests by the Executive Committee members of the Yuva Club of the University. Dr. Rakhi Gupta, Registrar (IISU), then delivered a welcome address, emphasizing the workshop's significance in educating youth about various government schemes and expanding their horizons. She also commended CII Yi for organizing the event across all its chapters in India.</p>
Summary/Description:	

Students from five institutions in Jaipur, namely IISU, Poornima University, Poornima Institute of Engineering & Technology, ICFAI Business School, and S.S. Jain Subodh PG College, were in attendance.

Following the welcome address, Mr. Rahul Kalani, Yuva Chair, Yi Jaipur, introduced the event to the audience, highlighting its role in voicing the opinions of young minds. He underscored that the workshop's outcomes would be documented and shared with the PMO. Subsequently, Mr. Rahul Singhi, Chair, Yi Jaipur, expressed gratitude to all organizers, mentors, and particularly IIS University for hosting the event. Mr. Vivek Lodha, Director of JVS Foods Pvt. Ltd. and an Angel Investor, then spoke about the topics of discussion, emphasizing the importance of early initiation for today's generation.

The stage was then taken by five mentors of different sessions. Mr. Namit Agarwal, mentor for the Future of Tech in Manufacturing, shared an insightful video on the growth of tech manufacturing. Mr. Naman Srimal, a Chartered Accountant and partner in Cross border Transactions at Jain Srimal & Co, discussed the emergence of AI and its impact on humanity concerning the future of the digital economy. Mr. Dipen Singh, a motivational speaker, trainer, and life coach, offered words of motivation and encouragement, emphasizing the present as the foundation of the future. Mr. Kushagra Juneja, mentor for the Future of Sustainable Development, highlighted the importance of sustainable living and recent advancements in the sector. Mr. Abhinandan Sethi, Director of Sethi Group, Jaipur, shed light on the significance of agriculture in India and its potential for development.

The inaugural session concluded with a group photograph of all participants. After a brief refreshment break, the event continued with five Design Thinking Workshops held at different venues. Participants from five institutions actively engaged in identifying problem statements, holding discussions, presenting their research, and

brainstorming ideas to address the issues in each segment.

Outcome of the Activity:

The event yielded a great deal of ideas with potential to change the future. It also brought into light the solutions associated with the identified problem statements and how they can be achieved with collective efforts. A light thrown onto these solutions will reach as a voice to PMO and yield positive results for upcoming generations.

Reporter:

Vaibhavi Mahuvagara, MBA (ABM) Sem-1









PROUD TO HOST FUTURE 3.0



AUGUST 7TH - 12TH, 2023

Yivoiceoftheyouth





युवा कार्यक्रम
एवं खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS
AND SPORTS



Confederation of Indian Industry



FUTURE

A FESTIVAL FOR THE YOUTH, OF THE YOUTH, BY THE YOUTH.

MENTORS OF FUTURE 3.0



Namit Agarwal
(Future of Tech In Manufacturing)



Abhinandan Sethi
(Future of Agritech)



Dipen Singh
(Future of Education)



Kushagra Juneja
(Future of Sustainable Living)



Naman Shrimall
(Future of Digital Economy)



YoungIndians.Yi



YiTweets



Young.indians



youngindians



Yionline



www.youngindians.net



Young Indians

Title of the event:	Induction of Executive Committee of the Yuva Club
Type of Event:	Online Meeting
Date	24 th Feb, 2024
Venue	Online (Zoom platform)
Name of Resource person	Hitesh Jain, Yuva Chair, CII Yi Chapter, Civil Lines, Jaipur
No. of Participants:	12 Yuva EC members and 1 Faculty Co-ordinator
Name of the activity Coordinator:	Dr Mahima Rai
Name of Collaborating Agency:	CII Yi Chapter, Civil Lines, Jaipur
Objective of the Event:	To induct and orient the Yuva Executive Committee of IISU.
Summary/Description	<p>The meeting began with a warm welcome from Yuva Chair Mr. Hitesh Jain, who introduced the Young Indians (Yi) and Yuva concept. He provided a brief overview of the mission, vision, and values of Yuva. He presented information about the different verticals within Yuva and the activities conducted under those verticals. He highlighted key achievements of Yi and ongoing projects, emphasizing their impact on the community. He also discussed upcoming activities and encouraged Yuva members to actively participate in volunteering and leadership opportunities.</p> <p>Next, Innovation Co-chair Mr. Ayush discussed the importance of innovation within Yuva Club. He outlined various activities planned to foster creativity and problem-solving skills among students. These activities included organizing workshops, hackathons, and idea-sharing sessions focused on addressing local challenges and developing sustainable solutions.</p> <p>Further, Mr. Vikram Pratap Singh, Co-Chair Yuva also introduced himself and addressed the Yuva EC. After this, students were also asked to introduce themselves.</p>

Outcome of the Event:

The meeting ended with a summary of key takeaways and action items by the Yuva Chair. Members were encouraged to stay informed about upcoming events and activities.

EC members got an overview about this unique platform and how they can best make use of it for their overall development and career advancement.

Rapporteur

1. Lakshita Nahata
2. Vandana Motwani

hitesh jain (Presenting)

AutoSave YUVA PPT 2021 - Master - Protected... - Saved to this PC

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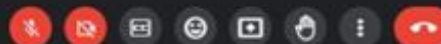



Slide 1 of 19 English (India)

Notes 91%




16:38 | kfr-aotm-qey







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PRACHI JAIN




ISHA CHOUDHARY




AKS Bearings Ltd




Mahima Rai




Ishita Jain




Vandana Motwani




Lakshita Nahata




ANSHTA BANSAL




CHELSI SANECHA




Vikram Pratap Singh




Eevee Gokulam




Shubhi Jain



SAMRIDHI PANDEY















Vikram Pratap Singh



Suhani Gupta

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hitesh jain (Presenting)

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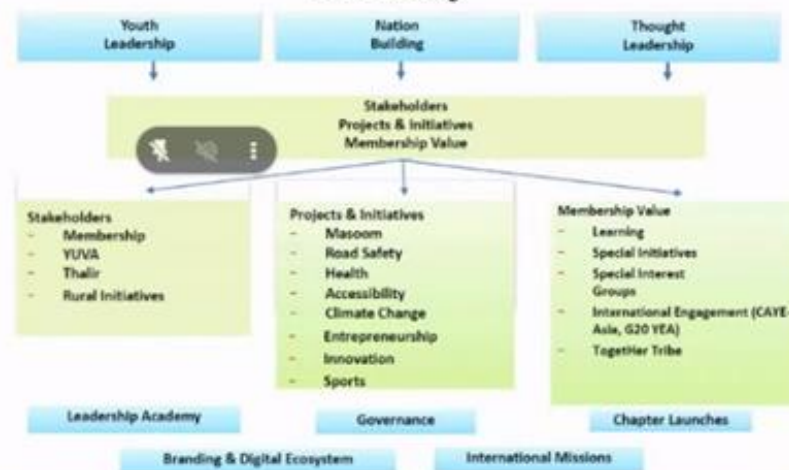
Sign in

Yi
Young Indians
WE CAN WE WILL



Confederation of Indian Industry

Yi Today



NMT (National Management Team) develops the Stakeholder Modules for strategic alignment with Yi Vision 2030
On ground activation by Yi Chapters



AKS Bearings Ltd

Mahima Rai

Ishita Jain

Shubhi Jain

ISHA CHOUDH...

Vandana Motw...

PRACHI JAIN

Lakshita Nahat...

SAMRIDDHI PA...

Kavyaa Taneja

ANSUYA BANSAL

CHELSEI SANEC...

Vikram Pratap S...

Eevee Gautam

Suhani Gupta

List of Participants		
S. No.	Name of the student	Class
1	Prachi Jain	MBA II
2	Isha Choudhary	MBA I
3	Vandana Motwani	BBA II
4	Samriddhi Pandey	MBA I
5	Ishita Jain	BBA I
6	Suhani Gupta	B.Com (H) AAF II
7	Shubhi Jain	BBA II
8	Chelsi Sanecha	M.Sc I
9	Kavyaa Taneja	BA (H) PSY I
10	Ansuya Bansal	B.Sc Home Science II
11	Lakshita Nahata	BBA II
12	Eevee Gautam	BBA I

Title of the Event:	Interactive Session on International Women's Day
Type of Event:	Session
Date:	8th March 2024
Venue:	The Fern, an Ecotel Hotel, Tonk Road, Jaipur
Name of the Resource Person with designation:	Radhika Agarwal (The Foodie Devi), Ratika Khandelwal (Rooted India), Manika Karnawat (Jaipur Buzz), Akansha Bakshi (Magnificent Mayhem)
No. of Participants/Beneficiaries:	23 Yuva Members from IISU and 18+ Yi Members
Name of the Activity Coordinator:	Dr. Akanksha Kumari (Assistant Professor)
Name of the Collaboration Agency:	CII Yi Jaipur Chapter
Objective of this Session:	The objective of the session was to provide attendees with valuable insights and inspiration from the journeys of successful female bloggers and internet content creators who have transitioned from traditional careers to pursue their passion for content creation.
Summary/Description:	The session took the form of a discussion led by panel members. It commenced with Jyoti Haldia and Bhawna Sugandha providing a brief introduction about the panel and their work. They then inquired about how the panelists sustained and maintained their passion in their respective fields. Each member shared insights into their life and dedication towards their work,

discussing how they overcame challenges and dealt with societal pressures.

Subsequently, the discussion focused on the panelists' experiences of transitioning from traditional career paths to the burgeoning internet industry. The panelists elaborated on the difficulties and obstacles they faced in convincing their families and society, as well as in developing trust in their own visions. The audience gained insights into the panelists sustainable strategies for maintaining their brand names and identities as influential figures in the content creation industry. In conclusion, each member shared their milestones, defined success in their own terms, and outlined their future goals and tactics. Their speeches served as inspiration, encouraging everyone to pursue their passions with dedication, and to persist until they achieve their envisioned milestones

Outcome of the Event:

The event left attendees with a profound sense of inspiration and empowerment. The diverse journeys shared by the panelists provided valuable insights and encouragement for attendees to pursue their passions and dreams. The success of the event created a supportive atmosphere conducive to dialogue, learning, and networking. Attendees departed motivated and uplifted by the shared experiences, with a determination to never settle for less.



WOMEN'S DAY REEL DIVE!

Join us for an empowering evening
with influential bloggers



Radhika Agarwal
The Foodie Devi



Ratika
Roooted India



Manika Karnawat
Jaipur Buzz



Akansha Bakshi
Magnificent Mayhem

📅 8th March (Friday)

🕒 4-6PM

📍 The Fern an Ecotel Hotel, Tonk Road

List of Participants

S.NO.	NAME	CLASS
1.	Aditi Bansal	BA(H) SEM IV
2.	Ahana Pareek	MBA SEM II
3.	Archika Khunteta	MBA SEM IV
4.	Bhumi Mundra	BCOM(H) SEM IV
5.	Chahat Khandelwal	MA Sociology SEM IV
6.	Chanchal Krishna	MA Sociology SEM IV
7.	Dhruvisha Patel	BA (H) SEM IV
8.	Diksha Sharma	MBA SEM IV
9.	Isha Choudhary	MBA SEM II
10.	Ishita Jain	BBA SEM II
11.	Khushi Kaushik	MBA SEM II
12.	Kripa Baheti	BSC (H) SEM IV
13.	Kritika	MBA SEM IV
14.	Lakshita Nahata	BBA SEM IV
15.	Manvi	MBA SEM II
16.	Mitika Sethi	MBA SEM IV
17.	Nandini Agarwal	MBA SEM II
18.	Nishi Harpalani	MBA SEM II
19.	Prachi Jain	MBA SEM IV
20.	Purva Bagree	MBA SEM II
21.	Ritika Maheshwari	MBA SEM II
22.	Samriddhi Pandey	MBA SEM II
23.	Vidhushi Gautam	BA (H) SEM IV

Title of the Event: Interactive Session on
Nurturing mental wellness with journaling and self-
reflection

Type of the Event: Awareness session

Date: 29th March 24.

Venue: AV Hall, IIS (Deemed to be University) Jaipur

**Name of the resource
person:** Ms. Mukta Basandani

**Name of the Collaborating
agency:** CII Yi Jaipur Chapter, Civil Lines, Jaipur

**Name of the activity
Coordinator:** Dr. Mahima Rai

Objective of the activity:

- To promote mental wellness through the practice of journaling and self-reflection.
- To empower participants to develop self-awareness, understand their emotions, and identify triggers through the therapeutic art of journaling.
- To provide participants with practical techniques, such as gratitude journaling, to enhance their mental well-being

Number of Participants: 32 Yuva and Non-Yuva members

Summary of the Event:

The Yuva Club of the University, in association with the Yi Jaipur Chapter, organized a session on "Nurturing Mental Wellness with Journaling and Self-Reflection" conducted by Ms. Mukta Basandani. Ms. Basandani is a seasoned practitioner with over a decade of experience teaching meditative art forms, specializing in therapeutic

Mandala art. Through her expertise, she has helped countless individuals find peace and healing through artistic expression. Beyond her mastery in Mandala art, she also conducts mindfulness sessions tailored for schools, colleges, and corporations, enriching the lives of many with her profound insights and teachings. Her passion for combining art and mindfulness has made her a sought-after guide for those seeking balance, clarity, and inner harmony in their lives. Her work has been covered by renowned media houses, including The Times of India. She has also been honoured with the Naari Shakti Award for her excellence at work.

During the session, Ms. Mukta Basandani guided participants through various journaling techniques to facilitate self-discovery and emotional awareness. Through interactive discussions and hands-on exercises, participants learned how to journal effectively, exploring different methods such as gratitude journaling and self-reflection prompts. Ms. Basandani encouraged active participation from the audience, fostering an engaging and supportive environment for learning. She provided guidance and direction throughout the journaling process, ensuring that participants felt comfortable and empowered to express themselves authentically.

Towards the end of the session, Ms. Basandani invited participants to share one wish they would like to fulfil. Following this, she led a guided visualization exercise, prompting participants to envision how it would feel to achieve their desired wish. This exercise aimed to inspire hope and motivation, fostering a sense of optimism and empowerment among participants.

Outcome of the activity:

The session on nurturing mental wellness with journaling and self-reflection was highly impactful and well-received by participants. Through Ms. Mukta Basandani's guidance, attendees gained valuable insights into the therapeutic benefits of journaling and self-reflection in promoting mental well-being.

- Participants reported feeling more self-aware and equipped with practical tools to manage their emotions and cultivate gratitude in their daily lives. The interactive nature of the session facilitated meaningful connections and encouraged open dialogue among participants, fostering a supportive community focused on mental wellness.
- Overall, the event was a success in achieving its objectives of promoting mental wellness and empowering individuals to prioritize their emotional health through the transformative practice of journaling and self-reflection.



List of Participants		
S. No	Name	Class
1	Archika Khunteta	MBA HR
2	Prachi Jain	MBA Fin
3	Samriddhi Pandey	MBA IB
4	Anusuya Bansal	BSC (H)
5	Anchal	BBA
6	Sanjana	BBA
7	Shruti Gupta	MBA
8	Shivani Gupta	MBA
9	Ayushi Tambi	BA B.Ed
10	Kiran Yadav	BSc
11	Sony Chauhan	M.com
12	Bhaviya Tulsi	MBA
13	Bhawana Mahawar	MBA
14	Manvi	MBA
15	Pooja Saxena	MBA
16	Kirti Sharma	MBA
17	Vidhi Khandelwal	MBA
18	Khushi Kaushik	MBA
19	Jyoti Shekhawat	MBA
20	Nishi Harpalani	MBA
21	Astha Gaur	BBA
22	Lakshita Nahata	BBA
23	Kangan Singh	BSC
24	Riddhi Sharma	BBA
25	Rakshita Arora	BBA
26	Sneha Saraogi	BBA
27	Vinita Kumari	BBA
28	Vidhi Ostwal	BBA
29	Ayushi Salecha	BBA
30	Ritika Maheshwari	MBA
31	Aarti Meena	BA (H)
32	Akshita Mehta	BA (H)

Students Registered for Yi Club session 2023-24

S.NO.	Name	Class
1	Payal Toshniwal	MBA ABM
2	Yamini Jain	MBA ABM
3	Purva Bagree	MBA HR
4	Vaibhavi Mahuvagara	MBA ABM
5	Nidhi Tomar	BSC
6	Kriti Jain	BA (H) PSY
7	Kanchan Thalor	BA (H) PSY
8	Shweta Sharma	BSC BED
9	Itika Agarwal	BSC
10	Sheetal Soni	BFA
11	Swasti Bhatia	BCA
12	Tanishka Sharma	BCA
13	Himanshi Nathani	BCA
14	Kratika Vijay	BBA
15	Anchal	BBA
16	Sneha Jhamb	BCOM (H)
17	Rameesha Saxena	BCOM (H)
18	Aayushi Singhal	BFA
19	Vanessa Bachani	BCA
20	Yashasvi	BSC
21	Eevee Gautam	BBA
22	Ishita Jain	BBA
23	Khushi Sharma	BCOM (H)
24	Himanshi Sharma	BBA
25	Sameera Khan	BSC
26	Shubhangi Soni	BSC
27	Mitika Sethi	MBA Finance
28	Anushka Shekhawat	BSC
29	Krishna Soni	BBA
30	Priyamvada Yadav	BCOM (H)
31	Anushka Sharma	BCOM (H)
32	Priyanka Soni	BCA
33	Neha Rathore	BCA
34	Sanjana Sankhla	BSC
35	Samridhhi Pandey	MBA IB
36	Neha	BA BED
37	Kashvi Modi	BBA

38	Jiya Baveja	BA (H) PSY
39	Khushi Sharma	MBA Finance
40	Vidhi Khandelwal	MBA Finance
41	Akansha Saini	BBA
42	Isha Choudhary	MBA ABM
43	Diksha Soni	BBA
44	Aastha Bhardwaj	BBA
45	Naina Jain	BBA
46	Tanya Chandani	BBA
47	Gunjan Malav	BBA
48	Nehal Jain	BFA
49	Kashish Lakhwani	BBA
50	Avdhi Khandelwal	BBA
51	Dia Johari	BBA
52	Arushi Jain	BSC
53	Meenu Choudhary	BBA
54	Khushi Jain	BBA
55	Satakshi Kar	MBA HR
56	Gunjan Pathak	BCOM (H)
57	Durgesh Rathore	BCOM
58	Khushi Khan	BCOM (H) BSG
59	Laveena Aswani	BCOM (H) HRM
60	Sharu Rathore	MBA HR
61	Manisha Kumawat	MBA HR
62	Tasu Sharma	MBA
63	Aastha Saxena	MBA HR
64	Chetna Choudhary	MBA HR
65	Nishi Harpalani	MBA Finance
66	Jyoti Shekhawat	MBA IB
67	Neha Chopra	MBA Tourism
68	Samridhi Trivedi	MBA Tourism
69	Anshika Bassi	BBA
70	Meena Kumari Meena	BBA
71	Palak Agrawal	BBA
72	Reni Rathore	BBA
73	Aastha Sisodia	BBA
74	Lavina Jain	BBA
75	Rincy Mol Ak	BBA
76	Sushmeeta Singh	MBA ABM
77	Manvi	MBA Business Analytics
78	Avanti Swami	MBA HR
79	Vibhuti Sogani	MBA HR

80	Nandini Agarwal	MBA HR
81	Rashi Gaur	MBA Finance
82	Teena Tehilaramani	BBA
83	Anvi Trivedi	B.Com. AAF
84	Shruti Agarwal	B.Com. (H) ATG
85	Prathana Khandelwal	B.Com. AAF
86	Sanskriti Jain	B.Com. AAF
87	Eha Jangid	B.Com. AAF
88	Shreyanshi Nama	B.Com. AAF
89	Lallita Kumawat	B.Com. AAF
90	Naina Jain	BBA
91	Navya Sankhla	BBA
92	Jasmine Keswani	BBA
93	Shubhika Agarwal	BBA
94	Raksha Jain	MBA HR
95	Shreya Bang	MBA HR
96	Shruti Vasudev	MBA HR
97	Kritika Maheshwari	MBA ABM
98	Aastha Miglani	MBA Finance
99	Aastha Gupta	MBA
100	Vandana Yadav	MBA
101	Prachi Jain	MBA
102	Kashish Sharma	B.Com. (H)
103	Archika Khunteta	MBA HR
104	Diksha Sharma	MBA HR
105	Kavyaa Taneja	BA (H) PSY
106	Hiranya Tulsyan	BA (H) PSY
107	Kamakshi Rathore	BA (H) PSY
108	Ansuya Bansal	BSC (H) H.Sc.
109	Muskaan Laddha	MBA
110	Ahana Pareek	MBA
111	Siddhi Agarwal	B.Com.
112	Kaustubhi Sharma	BBA
113	Samdarshi Jain	BBA
114	Vidushi Gautam	BA (H)
115	Dhruvisha Patel	BA (H)
116	Aditi Bansal	BA (H)
117	Rakshita Arora	BBA
118	Shubhika Jain	BBA
119	Navya Chhallani	BBA
120	Diya Rai	BBA
121	Mishika	BBA

122	Garima Toshniwal	BBA
123	Tanvi Agarwal	BBA
124	Chanchal Krishna	MA Sociology
125	Chahat Khandelwal	MA Sociology
126	Glory Sharma	BBA
127	Anshu Mittal	BBA
128	Harshita Jain	BBA
129	Lakshita Nahata	BBA
130	Aashvi Garg	BBA
131	Shruti Rathi	BSC
132	Khushi Shukla	MBA Finance
133	Preeti Raj	MBA HR
134	Mahima Jain	MBA Finance
135	Kripa Baheti	BSC (H) H.Sc.
136	Bhumi Mundra	B.Com. (H) FSG
137	Palak Jain	BBA
138	Chelsi Sanecha	M.Sc. Chy
139	Prakarti Jain	M.Sc. Chy
140	Parika Godara	B.Com. (H)
141	Riyanshi Chhabra	MA Psychology
142	Riya Sharma	M.Sc. Psychology
143	Priscilla Jiju	M.Sc. Chy
144	Devanshi Maharwal	B.Com. (H) FSG
145	Bhavya Shekhawat	MBA
146	Kirti Sharma	MBA
147	Bhawana Mahawar	MBA
148	Khushi Kaushik	MBA HR
149	Meenal Gupta	MBA Finance
150	Aarohi Jangid	MBA IB
151	Yashika Bajaj	B.Com. (H)
152	Anushka Bhatnagar	BA (H) ENG
153	Digniti Rathore	BA (H) ENG
154	Khushi Garg	BA (H) PSY
155	Rajshree Daftari	BA (H) ENG
156	Yashansi Nagar	BA (H) ENG
157	Vandana Motwani	BBA
158	Sony Chauhan	M.Com.
159	Bhaviya Tulsi	MBA Finance
160	Supriya Jain	MBA Finance
161	Divya Jain	MBA
162	Ritika Maheshwari	MBA HR
163	Monika Choudhary	BA

164	Gargi Poonia	BA
165	Muskan Agrawal	BA (H)
166	Khushi Mot	BSC
167	Lavika Jangir	BSC
168	Ishita Bharara	B.Com. (H) AAF
169	Mishti Goyal	B.Com. (H) AAF
170	Kratika Mamoria	B.Com. (H) AAF
171	Yashika Narang	B.Com. (H) AAF
172	Simran Jain	BBA
173	Arpita Katara	BBA
174	Aashna Agarwal	B.Com. (H) AAF
175	Himani Dixit	B.Com. (H) AAF
176	Prachi Nawandhar	B.Com. (H) AAF
177	Khushi Soni	B.Com. (H) AAF
178	Suhani Gupta	B.Com. (H) AAF
179	Purva Parnami	B.Com. (H) AAF
180	Priyanshi Jain	B.Com. (H) AAF
181	Lavishka Maheshwari	BBA
182	Rashita Jain	MBA HR
183	Manisha Chauhan	MBA Tourism
184	Komal Chaturvedi	BA
185	Anushree Jain	BA